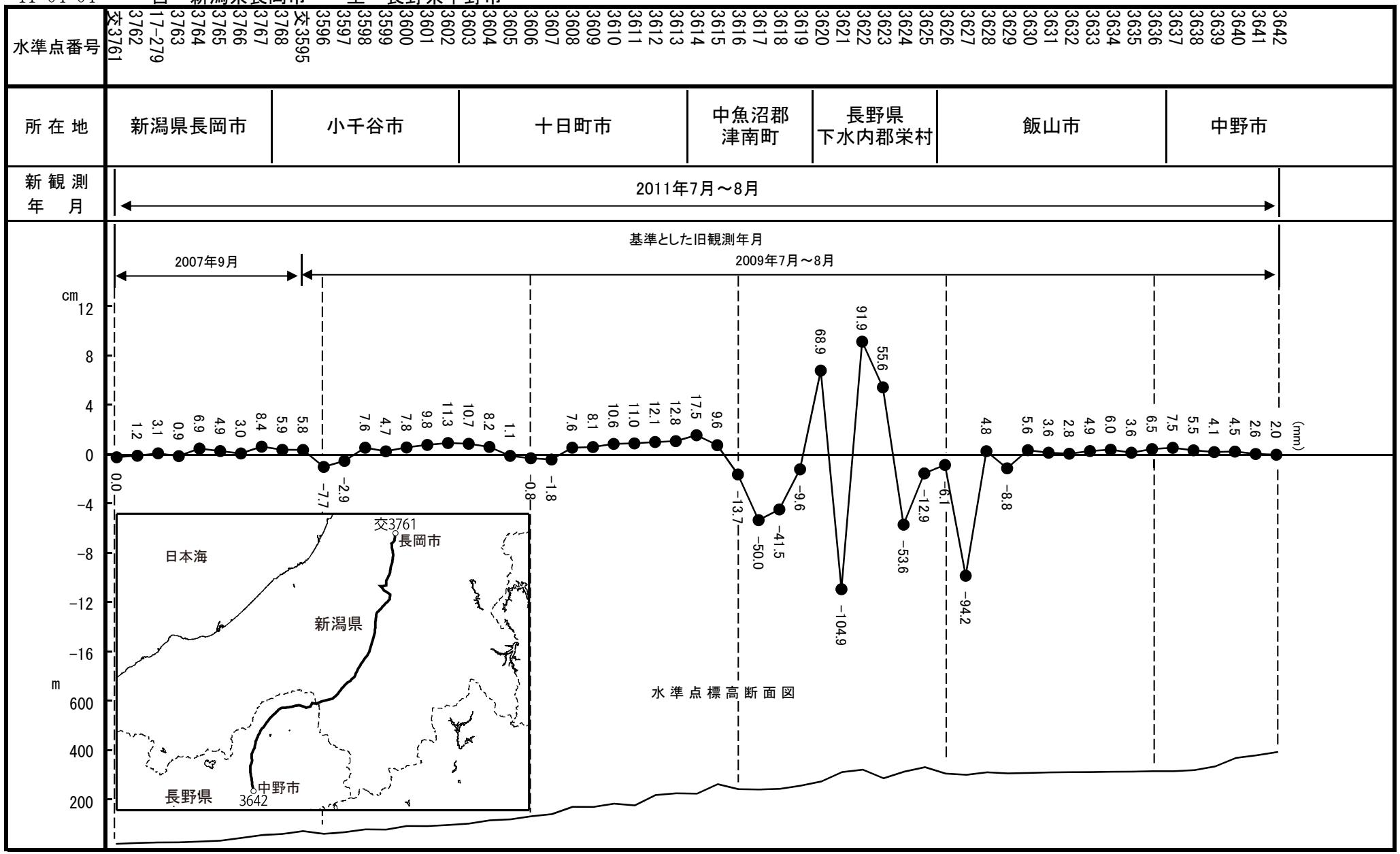11-04-04　　自　新潟県長岡市　　至　長野県中野市